

Declaration of [REDACTED]

A# [REDACTED]

1. When I was 21-years-old, I had an abortion and immediately after I had the abortion, I was diagnosed with high blood pressure. I also had problems with being overweight, and I suffered symptoms such as fatigue and headaches regularly. I went to the doctor, and I was diagnosed with high blood pressure.
2. Since this time, I have been required to go to the doctor every three months for follow up on my medical condition. I have also been taking a medication to control my high blood pressure since that time. The medication is called Enalapril (50 mg), and I have to take it daily.
3. I was detained in Dilley, TX on Saturday, September 19, 2015. The first opportunity I had to see a doctor in the detention facility was on Friday, September 25, 2015. It was very hard to get a consultation appointment with a doctor prior to this time.
4. At my initial medical appointment, I informed the doctor of my medical condition. The doctor told me to tell her about any severe conditions affecting my health. I informed the doctor that I have high blood pressure and have to take Enalapril daily. The doctor told me she would try to find out if they have this medication available. Until today, October 2, 2015, no doctor from the clinic has followed up with me to inform me if the clinic has the medication I need.
5. The doctor also told me on September 25, 2015 that a nurse will check my blood pressure every day for one week to monitor its level. No nurse came to check my blood pressure that week or anytime after. Until today, October 2, 2015, no one has come to check my blood pressure.
6. I had brought some of the medication with me when I came to the United States, but I ran out of it about one and a half weeks before being detained. Now, it has been almost three weeks since I last took my medication.
7. On September 30, 2015, I spoke to the volunteers at CARA, and they took the information about my medical condition. They recommended I go to follow up at the clinic. I tried to go to the clinic that afternoon. At the entrance of the clinic, there was an officer who refused to let me in. The officer told me that I had to have an appointment to see the doctor.
8. I explained to him my situation and that the doctor told me almost two weeks ago that she would try to find out if they had the medication that I had to take daily. He still refused to let me in, and he did not tell me anything about how I can make an appointment. I asked if we have to wait to get scheduled and called in to the doctor. He told me yes. I left because it was my understanding that I could not request an appointment. I thought I had to wait for the doctor to call me in for an appointment.
9. Because I have not been taking my medication, I have been experiencing a number of adverse symptoms on my health. I have consistent headaches. I am also very fatigued all the time. I do not have the energy to do anything, and I just want to rest. My vision is also sometimes blurry.
10. Yesterday night, on October 1, 2015, I felt very bad. I was desperate because I could not breathe well for about thirty minutes. I also started feeling palpitations in my chest, and I could not sleep. I left the dorm and tried to get fresh air to calm my breathing down. This was the first time I felt this bad since coming to the detention center. Also, my headache has been constant since yesterday. I would rate the level of pain as 7 out of 10, with 10 the worst pain in

my life. I did not even have pain medication to take for the headaches as all the medications we get must be from the clinic.

11. I have done my best to make sure my symptoms do not impact my ability to care for my 4-year-old daughter, [REDACTED]. However, it has taken much effort from me to continue taking care of my daughter. It is much more difficult without my medication.
12. My symptoms are getting worse every day. I should not be without my medication for this long, and I am afraid for my health. I feel that my health has been neglected by the doctors who are supposed to respond to my health concerns.

I declare under penalty of perjury that the above statements are true and correct to the best of my knowledge and recollection:

[REDACTED]

Oct. 2/2015
Date

I certify that I am proficient in the English and Spanish languages and that foregoing was read to [REDACTED] in Spanish.

Emma Esperanza Puentes
Emma Esperanza Puentes

Oct. 2/2015
Date